

Alia Sader

Senior registered nurse

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SUMMARY

Over 20 years of expertise in nursing, including experience as staff nurse and charge nurse. Skilled in providing excellent care for diverse patients, providing optimum patient care and carrying out all treatment protocols with sensitivity and precision. Solution oriented, team player and highly skilled in patient care management and collaboration. My experience in the cardiac catheterism unit taught me to be able to remain calm under pressure and work alongside a team of professionals.

PROFESSIONAL EXPERIENCE

- **2010-Present-** Responsible of the cardiac catheterism unit at saint Joseph hospital - Daora
 - Train new staff in the unit
 - Record medical history and symptoms
 - Collaborate and manage the team to plan for patient care and divide the task
 - Make sure that the protocols are respected
 - Advocate for the health and wellbeing of patients
 - Operate medical equipment
 - Perform diagnostic tests
 - Provide direct nursing care to patients undergoing diagnostic and therapeutic adult cardiac catheterization procedures.
 - Apply nursing theory to the assessment, diagnosis, treatment, and evaluation of patient responses to health, illness, and procedure.
 - Ensure adequate levels of all supplies are available in all procedural room(s). Stock as needed.
 - Ensure open and effective channels of communication with patients, family/caregivers and all health care team members involved in the pre/intra/post-care of adult cardiac catheterization patients.
 - Procedures include (but are not limited to): angioplasty, coronary stents, balloon valvuloplasty, Swan Ganz/right heart catheterization, structural heart, and pericardiocentesis.
- **1995- 2010-** ICU nurse - Daora
 - Take detailed health care histories.
 - Listen to patients and analyze their physical and emotional needs.
 - Provide counseling and health care education to patients.
 - Coordinate care with other health care providers and specialists
 - Evaluate and monitor the patient's progress.
 - Identify sudden or subtle changes in a patient's medical condition.
 - Deliver regular updates to doctors, patients, and their family members.
 - Begin treatment and monitor doses.
 - If necessary, respond to a medical emergency and alert the appropriate doctors.
 - Care for patient needs throughout their recovery in the ICU unit.
 - Complete all necessary paperwork before transferring a patient.
 - Maintain patient records.

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- Create and implement effective care plans.

- **2002-2008 - Nursing instructor and monitor for nursing student at bent- jbeil institution**
- **2008- present – Nursing instructor and monitor for nursing student at Bir Hassan institution**
 - Teaching and coaching students
 - Preparing students for the exams

Skills

- Good interpersonal and communication
- Ability to demonstrate initiative
- Prioritising skills
- Team player
- Caring and compassionate
- Flexibility and reliability
- Strong desire to improve standards
- Self-motivated

EDUCATION

- **1992-1994:diploma of superior technician- specialization nursing:**
- **1999 : diploma of technical license – specialization nursing**
- **2022-2023: bachelor degree of nursing at La Sagesse university**

PERSONNAL SKILLS AND COMPETENCES

- **Computer Skills :** Microsoft office (Excel, Word, Power point ...)
- **Languages:** ENGLISH, FRENCH & ARABIC

Social activities

- Hiking
- Reading